

Obstetric coevolution

**Short name**

OBCOE

Formal name

Obstetric coevolution

Contact person

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Institution/Organisation

La Mandarina de Newton

Website

www.obstetriccoevolution.com
(under construction)

Twitter

<https://twitter.com/coevolutionLMDN>



A citizen science project to characterize and reduce postpartum depression through coevolving obstetric practices, including women and medical experts.

**Summary**

Obstetric coevolution works on the research question of how obstetric practices affect women's mental health, including postpartum depression. The research consists of organizing co-creation workshops in Barcelona, with women and other stakeholders (partners, midwives, obstetricians, and perinatal psychologists, among others) and the use of other participatory tools, such as a co-created survey. We are looking to understand and imagine together new childbirth procedures and codesign new ways of building relationships with the medical community.