

Cook-tivating Biodiversity



Short Name

Cook-tivating Biodiversity

Formal Name

Cook-tivating Biodiversity

Contact Person

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Institution/Organisation

Ecoherencia SCA

Website

<https://www.ecoherencia.es/>

Social Media

 [@EcoherenciaSCA](#)

 [@ecoherencia-sca](#)

 [@ecoherencia](#)

 [@ecoherenciasca](#)

“ Involving people in the gather of traditional biodiversity and gastronomy knowledge to ensure our food sovereignty ”



Summary

Cook-tivating Biodiversity is focused on saving, characterising, sharing seeds and gathering traditional knowledge and recipes of wild and local varieties in Almócita, a 200 inhabitants mountain village of Sierra Nevada Natural Park in Almería (Spain). The social garden will be the main place where citizen scientists will cultivate and create an open and shareable seed collection of wild and local varieties of plants to promote a more fair and sustainable food production. Our elder members of the community and farmers will be empowered and we will document their traditional knowledge and recipes to maintain them alive by ensuring the preservation of culinary heritage and promoting access to nutritious and culturally relevant foods. There are many ways to participate in the project: by doing interviews, sharing seeds and knowledge, cultivating and characterising varieties in your plot, preparing dishes for organoleptic assessments, analysing the data we will gather... there is room for everyone who wants to do citizen science.