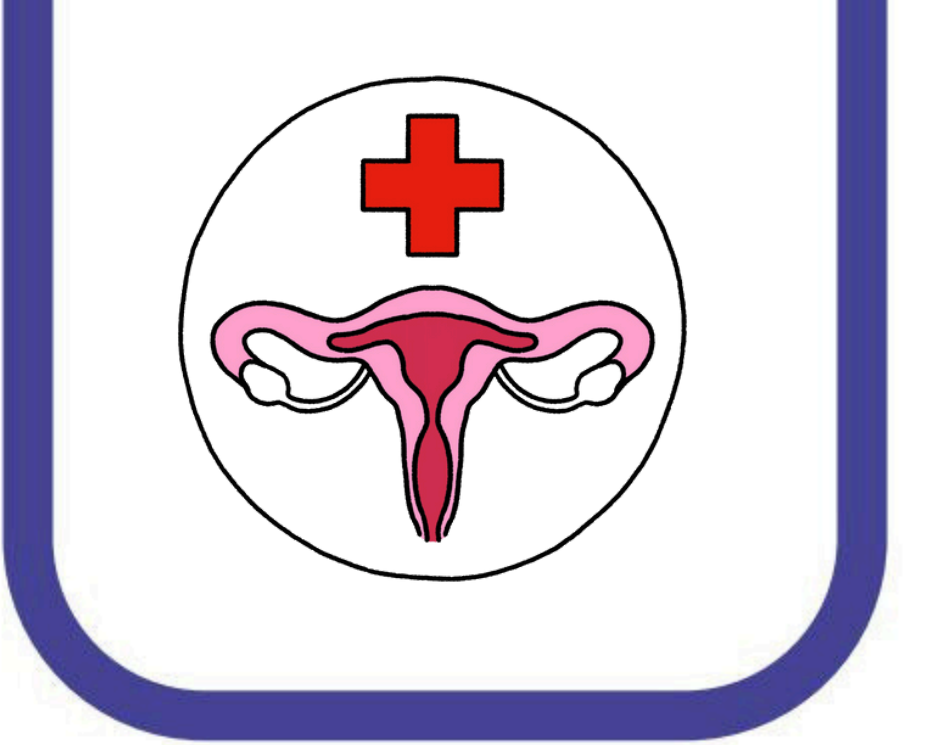


The EndoHealth project - Phase 2



Short Name

The EndoHealth project - Phase 2

Formal Name

New Model of Care for Endometriosis-Phase 2

Contact Person

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Institution/Organisation

Barcelona Institute for Global and Hospital Clinic of Barcelona

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Placing patients at the forefront to reshape endometriosis care, making healthcare more responsive and empowering.



Summary

Building on the success of its first phase, EndoHealth Phase 2 aims to further innovate endometriosis care by co-creating patient-centered therapeutic content. This phase focuses on understanding the informational and support needs of endometriosis patients to develop educational materials, nutrition plans, physiotherapy routines, and emotional support strategies. These resources will be integrated into the ENDOHEALTH digital platform, enhancing patient self-management. The project is implemented at the Hospital Clinic of Barcelona, involving patients and healthcare professionals in the co-creation process to ensure the content is relevant and effective. By leveraging citizen science, EndoHealth Phase 2 aims to foster a community where patients are empowered and actively involved in their care, making a significant impact on their healthcare journey.