The School Food Transformation Project

Short Name RE-TASTY

Formal Name The School Food Transformation Project

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Engaging secondary students as citizens scientists to make school food systems healthier and more sustainable through the Whole School Approach



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Summary

Many schools are trying to incorporate healthy and sustainable food in the school life but if this is done in a more holistic manner, it can be more effective in the long term.

The RE-TASTY project embraces an innovative idea of bringing together the Whole School Approach with citizen science to re-think the school food system and bring changes in a participatory way. In this project, secondary students in The Netherlands will become citizen scientists themselves, research their own school food system and propose actions to make it more sustainable and healthy.

By involving the students, we aim to empower them and give them a voice so that they take an active role in the transformation of their school's food system.

