

Vyakulani Africa



Short Name

Vyakulani Africa

Formal Name

Vyakulani Africa - mapping the African food legacy in Belgium

Contact Person

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Institution/Organisation

The Food Bridge vzw

Website

TBC

Social Media

 [@thefoodbridgevzw/](#)

 [@Vyakulani Africa Project](#)

 [@vyakulaniafrica](#)



Impetus offers a platform to amplify the food history and culture of African Diasporas in Belgium



Summary

Vyakulani - "in the Food" or "which food" - is a Swahili term with a dual meaning that captures the essence of our project.

Despite the historic relationship between Europe and Africa, the food culture of the African diaspora in Belgium and the EU lacks exploration in scientific literature. Thus not much is known in the wider public about its potential for healthy crops, diets and cuisine.

Our project aims to bridge this gap by facilitating the transfer of African culinary knowledge across generations and communities. Additionally, we will explore the role of entrepreneurship in enabling access to indigenous, healthy African food crops in Belgium.

Through this project, we plan to showcase the rich culinary heritage of the African diasporas in Belgium and how it can contribute to healthier diets .