

Wild Harvest



Short Name

Wild Harvest

Formal Name

Wild Harvest: Preserving Traditional Knowledge in Lesvos

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Preserving the cultural knowledge of the past for a better future, through participation of the societies without exclusions.



Summary

Foraging for wild food on Lesvos Island is a cultural knowledge connected with the place's geographical, ecological, and scientific history. Being surrounded by the natural borders that the sea is creating, the limitation of food consumption in the past made the habitants start exploring into the wild. This relation is alive at some point through the years because of the unique flavours that give in the local cuisine and the properties that people find in these natural products.

Until now, there is information that has passed between generations and is going to disappear because of different factors (human-made and environmental). Lesvos has a unique biodiversity in species, where plants, mushrooms and other organisms live harmonically without being disturbed that much by industrial conventional agriculture.

There are still some habitants that are kept foraging in nature and can contribute to record the uses for preservation. Is a long relation with nature and humans, which is needed to remain and bring back the nutrition in humans' diet.