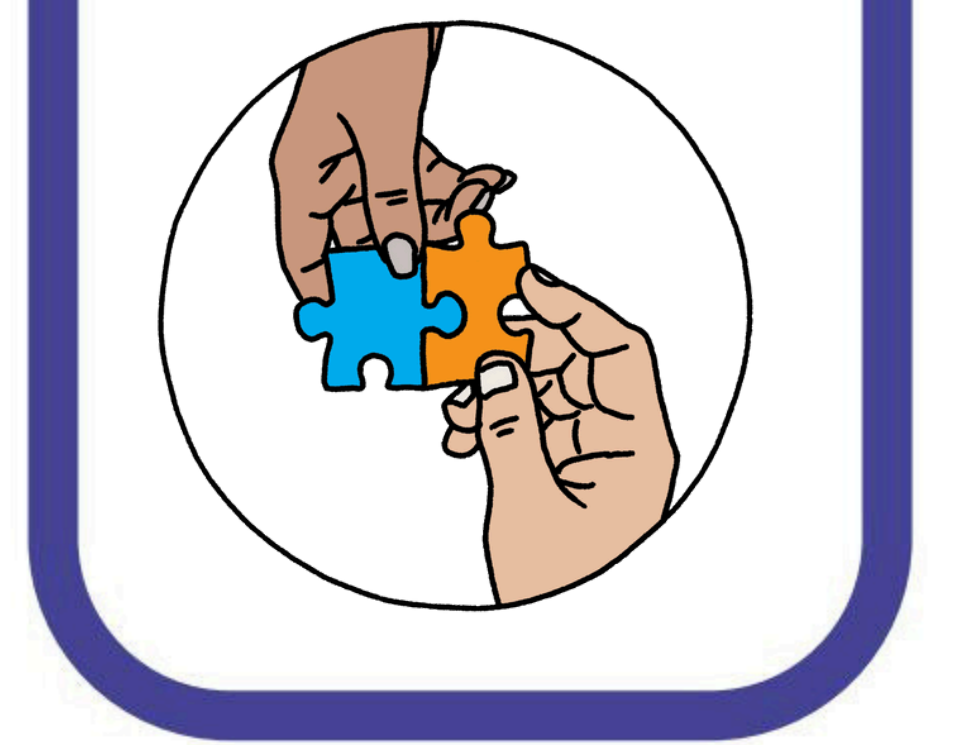


# PAIR



## Short Name

PAIR

## Formal Name

PArkinson Intergenerational caRe

## Contact Person

Ariadna Laguna

## Institution/Organisation

Vall d'Hebron Institute of Research (VHIR)

## Website

[www.vhir.org](http://www.vhir.org)

## Social Media

 [@VHIR.org](https://www.facebook.com/VHIR.org)

 [@vallhebroncampus](https://www.instagram.com/vallhebroncampus)

 [@vallhebroncampus](https://www.youtube.com/vallhebroncampus)

 [@vallhebroncampus](https://www.tiktok.com/vallhebroncampus)



Citizen Science transforming  
standards of care for Parkinson



## Summary

PAIR is an intergenerational citizen science initiative developed by the Vall d'Hebron Institute of Research (VHIR) together with Parkinson's patients, educators, and students.

It uses Service and Learning (SaL) methodology to bring together teenagers from underserved neighbourhoods in Barcelona and individuals living with Parkinson's to co-create inclusive activities that promote emotional well-being and social connection. Over seven months, PAIR will expand to four schools and engage around 100 students and 40 patients. The joint sessions will be co-created and implemented through a mix of creativity, movement, and dialogue.

Participants will collaboratively collect and interpret data on empathy and well-being. The project includes advocacy actions to integrate PAIR into city-wide policies and curricula. PAIR demonstrates how citizen science can reduce stigma, empower youth, and enhance care for neurodegenerative conditions, offering a scalable model for inclusive, participatory health innovation.