

Empowering older adults: A Citizen science exploration of vulnerability



Short Name

Power to the older citizens

Formal Name

Empowering older adults: A Citizen science exploration of vulnerability

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[@COPE-Research center for Culture and Older People \(Vulnerability\).](#)



Empowering older adults through citizen science fosters inclusion, values lived experience, and addresses vulnerability by promoting voice, agency, and engagement



Summary

This project examines the complex and multifaceted nature of vulnerability in everyday life, focusing on older adults (65+). Moving beyond a purely healthcare-centered perspective, we explore how vulnerability emerges in social interactions, community engagement, and access to essential services. Through a Citizen science approach, we will collaborate with older adults as co-researchers, ensuring that their lived experiences shape the broader understanding of vulnerability and its implications for policy and practice. Addressing vulnerability entails a focus on the structural inequalities that limit older adults' access to care and support, as these disparities not only affect individual well-being but also contribute to broader societal and economic challenges and inequality.