

Vyakulani Africa II



Short Name

Vyakulani Women

Formal Name

Vyakulani Africa II - mapping the African food legacy in Belgium

Contact Person

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Citizen science validates the ability of ordinary people to contribute to knowledge and makes scientific research accessible to all. The Impetus Accelerator offered us more than just funding; its training has an impact that extends well beyond the duration of the project.



Summary

Vyakulani – "in the Food" or "which food" – is a Swahili term with a dual meaning that captures the essence of our project.

The Vyakulani Africa II project addresses the challenges of transmitting African food traditions in Europe by identifying practical ways to bridge the knowledge gap. The research will focus on two key groups: Transmitters – African women facing difficulties in passing down their food traditions.

Receivers – Second-generation women of African descent and non-Africans who are interested in learning African culinary traditions. We will gather data from women aged 18 and above to assess their knowledge of African cuisine, how they acquired it, and the factors that facilitate or hinder intergenerational knowledge transfer.

To address any gaps in culinary knowledge transfer, we will provide training for older women to help them adapt their traditional recipes into easy-to-follow formats. These women will then lead cooking sessions to educate young people and non-Africans on African culinary practices.

